

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: INTRODUCTION/DEVELOPMENTAL PSYCHOLOGY

CODE NO.: PSY 119-3 SEMESTER: WINTER

PROGRAM: REGISTERED NURSING ASSISTANT

PROFESSOR: MARVA MOILALA

DATE: JANUARY 1993 PREVIOUS OUTLINE DATED: JANUARY 1992

APPROVED:

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NADEAN KOCH, DEAN, SCHOOL OF
ARTS AND GENERAL EDUCATION

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COURSE DESCRIPTION

This course provides a survey of the essentials of human life-span developmental psychology. Fundamentals of psychological methods, concepts and theories will be highlighted in relation to understanding developmental tasks and processes. The application of concepts towards developing a deeper understanding of psychological adaptation will be encouraged.

COURSE PHILOSOPHY/GOALS

This course is designed to develop students' understanding of:

- a) the fundamentals of psychology and its methods.
- b) the concepts, methodologies, theories and processes of normal human psychological development throughout the life-span. Changes in behaviour will be interpreted as resulting from the dynamic, interdependent and interactive effects of maturation and experience.

PSY 119-3 is not a substitute for PSY 204-3.

COURSE GOALS

To study and develop an understanding of:

1. the different philosophical assumptions and theoretical viewpoints regarding the nature of man and his psychological development
2. the methodologies, research, concepts, theories and determinants of human psychological development
3. the developmental tasks and processes that characterize each phase of human psychological development throughout the life-span
4. the interactive and interdependent effects of maturation and experience on age-related changes in human behavioural development
5. critical thinking abilities related to developmental psychological concepts, theories and research as well as a deeper understanding of their application towards enhancing human psychological adaptation

COURSE OBJECTIVES

To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

1. characteristic age-related changes in human behaviour and psychological processes through the life-span
2. the interactive and interdependent effects of maturation and experience on human psychological development

3. the various philosophical assumptions and theoretical interpretations regarding the nature of human psychological development
4. the methodologies, research, concepts, theories, and determinants of human psychological development
5. the application of developmental psychology towards an enhanced ability to understand and facilitate human psychological adaptation
6. Essay or Summary: Students will be required to write a clear, accurate, well-organized essay on an assigned topic or a summary on assigned material.
7. Research Essay: Students will be required to write and submit a legibly lettered research essay documented according to the American Psychological Association (APA) format. This assignment will be on a topic of the student's choice (within the scope of the course) in consultation with and subject to the approval of the instructor.

INSTRUCTIONAL METHODOLOGY

Student learning will be facilitated by lectures, class discussions and audio-visual presentations. During the student's essay research and preparation, the instructor will be available on an individualized basis for advice and resource consultation.

TEXTBOOK

Introduction to Psychology. Second Edition
Plotnik, R., Random House, 1989

NOTE: Additional readings and student viewings of audio-visual materials will be assigned during the course at the discretion of the instructor. The exact dates of tests referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual, lecture and class-discussion material presented during the course.

SYLLABUS

Chapter 1, Modules:

- 1 - Approaches to Understanding Behavior
- 2 - Asking, Observing, and Correlating
- 3 - Determining What Causes Behaviour

Chapter 4, Modules:

- 10 - Perceiving the World Around Us
- 11 - Interaction of Heredity and Learning

Chapter 5, Modules:

- 13 - Consciousness, Sleep, and Dreams
- 14 - Hypnosis

Chapter 7, Modules:

- 18 - Three Kinds of Memory
- 19 - Retrieving and Forgetting

Chapter 11, Modules:

- 29 - Pre- and Postnatal Influences
- 30 - Social and Emotional Development
- 31 - Cognitive and Sex-Role Development

Chapter 12, Modules:

- 32 - Adolescence
- 33 - Adulthood
- 34 - Old Age

Chapter 13, Modules:

- 35 - Trait Approach
- 36 - Freud's Psychodynamic Approach
- 37 - Social-Cognitive and Humanistic Approaches
- 38 - Personality Assessment

EVALUATION

Students will be responsible for regular attendance and class participation in all areas of the course outlined and for all readings, assignments and tests as requested by the instructor. The course evaluation system can be modified at the discretion of the instructor.

The final course grade will be determined as follows:

Essay or Summary	10%
Research Essay	15%
Test 1	15%
Test 2	20%
Test 3	25%
Test 4	15%
Total	100%

A grade of A+, A, B, C, or R will be awarded upon completion of all course requirements in accordance with the grading policy of The Sault College of Applied Arts & Technology:

A+	=	90 - 100%
A	=	80 - 89%
B	=	70 - 79%
C	=	60 - 69%
R	=	below 60%